

# *Symposium:* Complex Systems and Wearable Technologies for Health



This event aimed at exploring the intersection of wearable technology, health, and human behavior, **using a complex systems approach.**

Engage with *interdisciplinary* academics and experts to **co-create a conceptual model** for the adoption and maintenance of wearable health technologies!

Participants will also have the **opportunity to contribute to a follow-up collaborative manuscript.**

**Date:** 30 June 2025 (10:00 to 17:00)

**Location:** Vredenburg 40, Social Impact Factory, Utrecht

**Schedule:**

10:00-12:00 keynotes from Heleen Pennings (TNO, UMCU) and Wim Kamphuis (TNO)

12:00- 13:00 Lunch will be offered

13:00-16:00: interactive sessions

16:00 onwards: drinks!

Registration link:



Project webpage:



**Explore interdisciplinary approaches to  
wearable technologies for health!**